

HOLY ROSARY CATHEDRAL

Cathedral Church of the ARCHDIOCESE OF REGINA

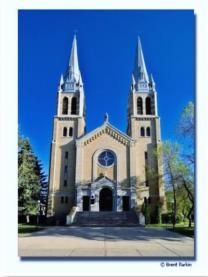
3125-13ª Avenue, Regina, Saskatchewan, S4T 1P2

Holy Rosary Cathedral is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Archbishop of Regina Coat of Arms

MISSION STATEMENT

We, the Catholic Community of Holy Rosary Cathedral Parish, under the Patronage of Our Lady, are called to be a caring, outreaching church, proclaiming and celebrating our faith with all who seek a relationship with Christ.



REGULAR MASS TIMES

Sunday9 AM, 11 AM, 7 PMTuesday-Friday9 AMSaturday9 AMCONFESSIONS8 AM or by appointment

PASTORAL COUNCIL MEMBERS

Chairperson	Samira McCarthy
Past Chairperson	Rob Chapple
Pastoral Team	Rev. Danilo Rafael
	Deacon Barry Wood

Representatives

Representatives.	
CWL	Shannon Chapple
Ecumenism	.Gillian Brodie
Finance	.Jim Hall, Paul Malone
Knights of Columbus	.G.K. Raul Roduta
Liturgy	.Bradley Hanowski
St. Vincent de Paul	.Carol Schimnosky
Social Justice	.Bernadette Kutarna
Leaders: Parish Adjuncts	6
Catering	Shannon Chapple.
Children's Liturgy	.Miri Schiller
Good Shepherd Catechist*	Angela Montano
Kids for Christ	Leah & Roel Ubongen.
CFC-Youth	Abie & Rene Reyes.
Singles for Christ * inter-parochial	Aubrey & Arnold Palmer.
intor paroonial	

Most Rev. Donald Bolen Archbishop of Regina

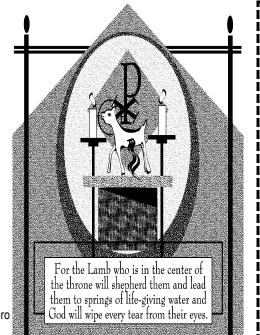
Rev. Danilo Rafael Administrator/Rector

Rev. Scott Lewis, S.J. Sunday Ministry

Rev. Mr. Barry Wood Assisting Deacon

PARISH OFFICE HOURS

Monday-Thursday 9 AM – 4 PM & Friday 9 AM – 1PM Closed: Saturdays, Sundays and Holidays Email: <u>holyrosary@myaccess.ca</u> Website: <u>www.holyrosaryregina.ca</u> FB: www.facebook.com/HolyRosaryReginaSK





PARISH OFFICE 2104 Garnet Street Regina, SK S4T 6Y5 Tel: 306-565-0909 Fax: 306-522-6526 Hall: 306-525-5595

REGISTRATION

NEW PARISHIONER or CHANGE OF ADDRESS FORM Please complete this Form and place it in the Collection Basket

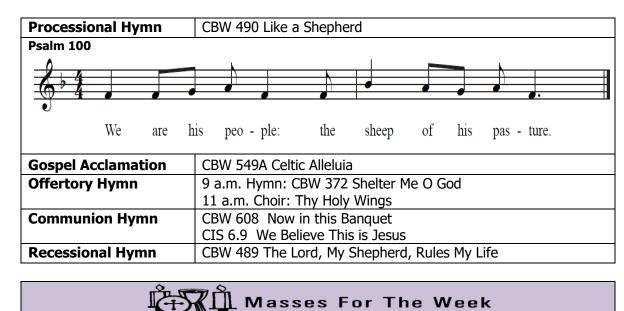
NAME	
ADDRESS	
Postal	Code
Phone #	
Email	
I/We wish to have Chu	urch Offertory
Envelopes	Yes 🗆 No 🗖
Automatic Debit?	Yes 🗆 No 🗖
Date:	

HOLY ROSARY CATHEDRAL

The Resurrection of the Lord

Celebrant: Rev. Danilo Rafael

Lectors, EMHC, Cantors and Music Ministry						
Readings:	Acts 13:14, 43-52	Psalm 100	Revelation 7:9, 14b-17 John 10:27-30		10:27-30	
Lectors: 9 am	Carla Plosker	EMHC:	Deacon Barry Wood	Cantors: 9 am A		April Polasek
11 am	Thess Creer		Samie Hardie	1	1 am	Patrice Krueger
7 pm	Josephine Ong		Deacon Barry Wood	Director of Music: Evanne Wilhelm		
Sunday Choir 7 PM Mass: Melodies to the Lord		AM Organist: Bernadette Kutarna Scholar: Jessy Stroeder				



Missa Pro Populo (Mass for the People)

Special Intentions for **Ramona Miazga**

9 AM, 11 AM, 7 PM

⊕ Gary Filyk

Marge Schmid

Holy Souls in Purgatory

Intentions of Marlene Konecsni

✤ John Hoffort

P Rommel Alvarez



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Almighty ever-living God, lead us to a share in the joys of heaven, so that the humble flock may reach where the brave Shepherd has gone before. Who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.

"The disciples were filled with joy and the Holy Spirit." (Acts 13:52)

The disciples heard Our Lord's call and were able to spread the Gospel message with strength and vitality. We, too, can experience that same joy if we make room for the Holy Spirit to fill our hearts. When we use our gifts in the way that God intends, He fills us with supernatural joy. A joy that others notice and are attracted to!

WORLD DAY OF PRAYER FOR VOCATIONS

Requested by

Alice Rogal

Mike McAvoy

Adoration

Confession

Benediction

Adolfo & Eleanor Alvarez

Regina Catholic Schools

Regina Catholic Schools

Today is the 59th World Day of Prayer for Vocations. While appreciating all vocations, the Church concentrates its attention this day on vocations to the ordained ministries (priesthood and diaconate), consecrated life in all its forms (male and female religious life, societies of apostolic life, consecrated virginity), secular institutes in their diversity of services and membership, and to the missionary life. Please pray daily for our priests and for all vocations.

May 8, 2022

May 08 MASSES

May 10 8:00 AM

May 11 8:00 AM

May 12 8:00 AM

May 14 8 AM

Intentions 8:45 AM

Mass 8 AM

May 13 9 AM Mass

Mon May 09 No Mass

9 AM Mass

11 AM Mass

7 PM Mass

9 AM Mass

Sun

Tue

Wed

Thu

Fri

Sat



CLERGY RETREAT WEEK

Fr. Danilo will be attending Clergy Retreat this week. Morning Mass from May 9 to 12 will be at 8:00am. There will be no Adoration or Benediction.

COUPLES FOR CHRIST CHRISTIAN LIFE PROGRAM

Couples for Christ Regina, a Catholic organization that is acknowledged by the Vatican, will be holding its Spring Christian life program, which will run from April 23rd until June 11th of this year.

On behalf of CFC Regina, we would like to invite families to try this program.

Our program will be via zoom, every Saturday only; from 6:30 - 8:30 PM, and free of charge. For more information, contact either of the following: Cris/Weng Masaoay at 306-545-2906, Rod Creer at 306-581-2508, or Arvin Palmero at 306-530-2697.

REFUGEE SPONSORSHIP FUNDRAISER

We will be picking up hazardous waste until Thursday, May 26, and doing the drop-off for you. Fee: cash or cheque donation to our sponsorship. Please call Bernadette at (306) 525-0049 landline, or, (306) 537-4158 mobile to make arrangements. Thanks for your participation in our fundraiser!

We continue to do the Sarcan Drop-and-Go. Call Bernadette at (306) 525-0049 landline, or (306) 537-4158 mobile to arrange a pickup. Or, you can use the phrase 'kind welcome" at any Sarcan Drop-and-Go to credit your recyclables to refugee sponsorship. Thank you for your continuing participation in this fundraiser!

MEN'S MENTAL HEALTH: BREAKING THE SILENCE ONLINE EVENT

Tuesday, May 24, 2022 7:00pm-9:00pm via Zoom. In honour of Mental Health Month, Deacon Eric Gurash of Emmaus Family Support Ministries will share his personal experiences and how our Catholic faith and evidence-based research can work together to break the silence, end stigma, and open up avenues of support for men's mental health.

This event will be of interest to men as well as spouses, friends, or family members who offer support for those with mental health challenges. Register at:

https://emmausfamilysupport.flocknote.com/signup/89227

MAY IS REVERENCE FOR LIFE MONTH

This month take some time to pray the rosary for life, watch the Life is a Gift Webinar or pray for life through song: **Reverence for Life Rosary** youtube.com/watch?v=V_p6DI0DZ9s **Life is a Gift Webinar** youtube.com/watch?v=6TvH5uaOpik **Praying Through Song** youtube.com/watch?v=X8ancZndpm0

VOLUNTEERS WANTED

10 or 12 strong volunteers needed to help move soil in the garden area on the east side of the Cathedral and concrete patio blocks on the west side of the Cathedral on **Saturday**, **May 21st** starting around 9:30 a.m. Contact Ray at 306-570-6199 for more information. Thanks in advance from the Building and Grounds Committee.

The **Myriam Family of the Prairies** would like to invite you to an Afternoon retreat with the theme:

"None of us lives for oneself." (Saint Paul) "I am a daughter of the Church!" (Saint Teresa of Avila) "Your life is a prophesy!" (Sr. Jeanne Bizier) On Saturday, May 14th, from 1h30 to 4h30 pm In person at their House of Prayer in McLean or on Zoom.

For registration, please contact us at 306-761-0528 or email: <u>pss.prairies@famillemyriam.org</u> And we'll send you a Zoom link if you prefer following online.

HRC FINANCES

Dear fellow parishioners,

Here is your report on last month's offertory collection, along with prorated budget and year-to-date offertory revenue.

Offertory Collection: April 2022	\$ 31,833
Prorated year-to-date budget	\$ 120,000
Actual year-to-date offertory revenue	\$ 103,034
Offertory collection shortfall-to-date	\$ 16,966

Thank you for your continuing and faithful support of your Parish, for your donations at Mass or by etransfer.

Your Finance and Parish Councils

HRC NOW ACCEPTS INTERAC E-TRANSFER



You can send your donations and mass offerings to us directly. Please utilize the message portion for transfer details and send it to holyrosary@myaccess.ca. Your edonation will be included in your

annual tax receipt. Thank you for your continuing support of our parish.



HOLY ROSARY CATHEDRAL

3125-13th Avenue, Regina, SK S4T 1P2, CANADA Office: 2104 Garnet Street, Regina, SK S4T 6Y5, CANADA Tel: (306) 565-0909 | Email: holyrosary@myaccess.ca | Fax: (306) 522-6526



May 4, 2022

Dear parishioners and visitors,

We wish you and your loved ones the blessings of the glorious season of Easter! Despite the snow and winds, it was good to see so many coming to worship together at the Holy Week services. The Cathedral was filled as it has not been since the beginning of the pandemic.

And we are finally able to say Happy Spring! After the unexpected mid-April blizzard (perhaps blizzards are never unexpected in the prairies!), it is good to see the first signs of nature giving us hope for the renewal of life.

Our thanks to those who made donations towards the beautiful flowers that adorned our altar, and offerings to the Easter collection. Very special thanks to those who enriched the liturgies of Holy Week with their readings and singing, and to all who served as Eucharistic Ministers and ushers and altar services at the services. And let us not forget those who put in extra hours to make sure everything went without a glitch: our organists, the liturgy committee who organized the schedules for the readers and Eucharistic Ministers (no mean feat, that!), and last but not least our amazing (in the true sense of the word) Music Director. Without our many generous volunteers, our community would indeed be unable to sustain itself.

And last but not least, thank you to all of you who attended the services, who came to worship and pray together as a community. Holy Week is indeed the most glorious celebration of our faith!

We welcome into our community of faith Lam Nguyen, Tiarra Nuttall, and Hania Riley Icari who, at the Easter Vigil, received the Sacraments of Baptism, Confirmation, and First Communion, and Norman Clarke, who received the latter two.

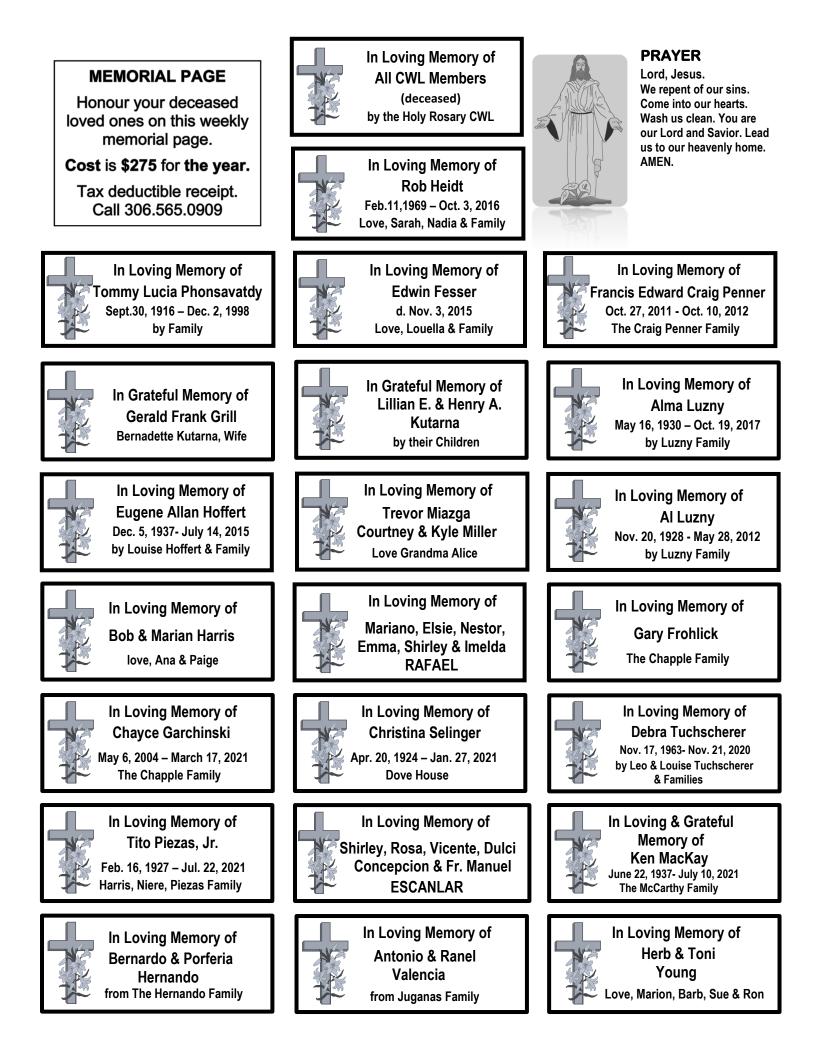
In the next while, you will receive information from our undaunted, energetic Social Justice coordinator who has plans to help us focus some attention on the needs of others. First of all, she has various possible events in mind to continue her efforts at raising funds for the Syrian refugee family who want to be reunited with their siblings and parents in Regina: a "garage sale" in early June, drive-through dinners, parking for Roughrider fans on our lots, collecting recyclables for SARCAN, yard work. Secondly, there are plans underway for our joining other parishes in providing Saturday lunches for those in need. There will be opportunities for all of us who want to help one way or another in these endeavours. More information later. Meanwhile, please contact Bernadette if you have the time to help her, to be part of one of her teams. Some of these initiatives will be one-time events, others will require longer-time commitment. The more volunteers she has, the less work for everyone. (306-525-0049; bernadette.kutarna@sasktel.net).

Other events ahead in our parish: on June 5, Pentecost Sunday, 20 children from our parish will be confirmed by Archbishop Bolen at the 11:00 Mass. On June 18, the Couples for Christ are organizing a drive-through Roast Beef dinner to raise funds for the cathedral.

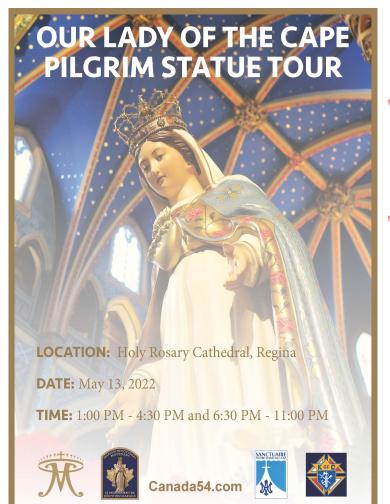
The final concert of the Regina Symphony Orchestra to be performed at the Cathedral this season will be on May 28, at 2:00 and 7:30 p.m. It will feature violinist Erika Raum who grew up in Regina and is now a rising star in the world of music. As the concerts coincide with the Cathedral Festival, the programme will include contributions from the Festival. Although we will not be leading tours of our building as in the past, we are hoping for "walk-ins" to the afternoon concert from among the Festival crowd.

Keep well and enjoy the first signs of spring!

Rev. Dan Rafael Samy McCarthy



Tour of Our Lady of the Cape Statue



May 13th Statue to visit Regina

Morning

2-3 ladies in the hall, setting up chairs and making popcorn

- Afternoon (The Cathedral is open all afternoon for prayer)
 - 1:00 Movie viewing in the hall
 - 2:00 Procession outside around the Church
 - 2:30 Liturgy
 - 3:00 Rosary and Chaplet
 - 3:30 Private Prayer
 - 4:30 Rosary
 - 5:00 Supper break

Evening

- 6:30 Mass
- 7:30 Living Rosary inside of the Church
- 8:00 Blessing of Roses, Consecration, Info about Confraternity of the Rosary
- 8:15 Adoration
- 9:15 Movie in the parking lot (or in the Hall if too cold out)
- 10:30 Benediction and Closing

HOLY ROSARY CATHEDRAL SOCIAL JUSTICE INITIATIVES



- All who want to participate in a 'see/judge/pray/act' model of social justice following the gospel are welcome to come to a gathering on Sunday, May 15 right after 9 a.m. Mass at 10 a.m. and finish by 10:50 a.m. so that people can attend the 11 a.m. Mass. Snacks will be served. Before coming, reflect on the readings of the day. Here is a start: "By this everyone will know that you are my disciples if you have love for one another." (John 13:35) We will talk about a few upcoming ways to participate in supporting our parish and neighbourhood community. Read on!
- We continue with refugee sponsorship and will be doing Rider Game Day parking at the Cathedral. Help is needed for those days and also for greatly expanding our advertising. The tasks are 2 hours before the game, and if one can help with advertising, that can take place any time you have a free moment. The information will be prepared beforehand.
- We want to hold a rummage sale at the end of May or the beginning of June, and would need help with this. The proceeds would be divided between the refugee sponsorship and the parish.
- Think about this one, please: After Camp Hope closed, the Archdiocesan office and First Baptist teamed together to continue to provide a Saturday lunch for people who have far less than we have. Perhaps Holy Rosary Cathedral parishioners would be willing to participate in one Saturday lunch preparation and delivery. The entire time on that Saturday would be 4 to 5 hours, shopping for ingredients done beforehand. For this venture, a call will go out for people to bake delicious muffins and individually wrap them. These would be included in the Saturday lunch package. Do call if you want more details before making your decision. Following this a few days later, a short debriefing will take place. The debriefing will be based on the gospel of the Sunday following our outreach.

Comments? Questions? Please call Bernadette at (306) 525-0049 landline (306) 537-4158 mobile



ROMAN CATHOLIC ARCHDIOCESE OF REGINA OFFICE OF THE ARCHBISHOP

445 Broad Street N., Regina, SK, CANADA S4R 2X8 Tel: (306) 352-1651 Fax: (306) 352-6313 E-mail: bishopoffice@archregina.sk.ca



Dear sisters and brothers: peace to you, in the name of Jesus who is the Way, the Truth, and the Life, and whose Resurrection from the dead we celebrate during the Easter season.

It is the resurrection and the promise of life which is at the heart of our recognition that life itself is a gift that God desires to give us, and which impels us to cultivate a culture of life. May is Reverence for Life month in the Archdiocese of Regina. The Second Vatican Council document, *Gaudium et Spes*, reminds us that Sacred Scripture teaches that all persons were created in the image of God. All are capable of knowing and loving the Creator. The human condition itself, for all its challenges, is crowned with glory and honour (GS 12). This month, let us glorify God by fostering the conditions needed for human life to flourish and for all persons to know and love God.

I encourage every parish to truly make May a time to focus on the needs of the unborn, of parents, the elderly, the sick, the lonely, the hungry, and the abandoned, with special prayer and works of mercy. To do this work we need to be strong and courageous (Deut. 31:6). I invite you to participate in the following:

- To spend time reading through, praying with, and sharing the resources found on our website: <u>https://archregina.sk.ca/reverence-life</u>.
- Praying the Reverence for Life prayer during each Mass in the month of May.
- Holding a special prayer services at the memorials for the unborn. Again resources available on our website.
- Encouraging people to pray the Reverence for Life prayer daily.
- Hosting an evening of prayer for life with recitation of the Rosary and exposition of the Blessed Sacrament. Join us on May 13th as we live stream adoration and Mass for giving Thanks to God for the Gift of Human Life. A Poster and invitation will be sent out in the Tuesday File, May 3rd.
- Finding new ways to help and love to the shut-ins, the sick, and patients in hospital, mothers, and the elderly.
- Organizing food/clothing drives.
- Collecting clothing and furniture for an immigrant family, etc.
- Finally, this year we are welcoming four new members to the Reverence for Life Commission. Each week in May, there will be a short bio introducing them through our social media pages, and weekly newsletters. Please subscribe.

May God, the Creator and Author of life, bless abundantly all those whose lives are endangered and forgotten. If you have any questions or concerns please contact Tashia Toupin, Social Justice Coordinator, at <u>thoupin@archregina.sk.ca</u>

Yours in Christ,



✤Donald J. Bolen Archbishop of Regina



DJB:at

Celebration of Life

Mass:

Life is a Gift

Friday, May 13th Our Lady of Peace, 425 Broad St. N. Regina Mass will be livestreamed

Adoration at 4:00 pm, Mass at 4:45 pm Archbishop Donald Bolen will be presiding All are welcome to attend

CHDIOCESE OF

MAY IS REVERENCE FOR LIFE MONTH



Our Common Humanity

To be human is to be touched by God, created for life with God. All of that is deepened in an unfathomable wonderful way when God takes on human life. What it is to be human, bones, breath, growth, wonder, thinking, feeling, touching, loving, this is made holy in an altogether new way by God's becoming who and what we are. Jesus's Incarnation sanctified not only Mary's womb, but the wombs of all mothers. In becoming one with us, the Lord made all human life holy and taught us again and again to recognize our dignity and our identity as beloved children of God.

Introduction of New Members

Bob Wihlidal – Chair

We know that every human life is precious, yet suffering is a universal human experience. Pope Francis has spoken about "throwaway culture" as a way of drawing attention to the disregard for human life as expressed in many different life issues (euthanasia, poverty, abortion, victims of violence, and forced emigration).

As a community and a Church, we must listen closely to each other and to our broader society. We cannot hope to understand and empathize with others' views without listening respectfully and appreciatively.



Likewise, we cannot hope to influence or change others' views without having and expressing real empathy and understanding.

As a Commission and as a Church, our work, actions, and approach must mirror and dignify our common humanity. In the work of our Reverence for Life Commission, we must carefully listen and understand what the world is telling us all about suffering and the diminishing of our collective human dignity. I hope to bring a listening heart and a caring voice to our work.

REVERENCE FOR LIFE PRAYER:

O Mary, to you do we entrust the cause of life. Look down O Mother

upon the vast number of babies not allowed to be born, on the poor whose lives are made difficult,



on those who are victims of brutal violence, on the elderly and sick killed by indifference or misguided mercy.

We ask for the grace to accept the Gospel of Life as a gift ever new, and the courage to bear witness to it. To the praise and glory of God, the Creator and lover of life. Amen!



Archdiocese of Regina May 8, 2022 Bulletin 4th Sunday of Caster

World Day of Prayer for Vocations

Today is the 59th World Day of Prayer for Vocations. While appreciating all vocations, the Church concentrates its attention this day on vocations to the ordained ministries (priesthood and diaconate), consecrated life in all its forms (male and female religious life, societies of apostolic life, consecrated virginity), secular institutes in their diversity of services and membership, and to the missionary life. Please pray daily for our priests and for all vocations.

The Spiritual Motherhood of Priests (SMOP) Apostolate

As part of the Spiritual Motherhood of Priests, women try to imitate our Blessed Mother Mary, the first Mother of Priests, in her humility and sacrifice.

In a life-long commitment, every woman who feels called to the Spiritual Motherhood of Priests is given the name of one priest in the Roman Catholic Archdiocese of Regina to adopt as her "spiritual son", promising to anonymously pray daily for him, as well as to pray for him during a weekly hour of Eucharistic Adoration, and to make sacrifices to help her priest-son give himself to God more perfectly as shepherd of his flock.

All women – single, married, widowed, consecrated, religious – are welcome to discern this apostolate of prayer and sacrifice for the sanctification and support of our priests. The Archdiocese of Regina has over 90 priests including our retired priests. Currently 32 have been adopted and have Spiritual Mothers.

Women interested in the Spiritual Motherhood of Priests (SMOP) Apostolate are invited to contact Shannon Novak for more information at smopregina@gmail.com or 306-520-2470.

Medieval Madness; A Leadership Camp

The Office of Youth and Young Adult Ministry will host a leadership camp this summer for teens. Join us for a medieval themed week of fun, faith, growth & community. Complete with Beach time, Sports, Archery, Music, Games, Talks, Nature, Campfires, Great Food and Important Conversations. Camps will be held at Glen Harbour Kids Camp which is located on the East side of Last Mountain Lake; about 40 minutes from Regina. Cost \$185 (Contact us, if cost is a barrier) To register, go to tiny.one/ArchCamp For more information contact us at oyyam@archregina.sk.ca Dates are as follows:

July 18 @ 2:00 - July 21 @ 1:00 for those ENTERING Gr. 10 - 1st yr. University in Fall

July 25 @ 2:00 - July 27 @1:00 for those ENTERING Gr. 7-9 in Fall

Cross Canada Marian Tour

Canada was Consecrated to the Immaculate Heart of Mary in Ottawa in 1947. This year, we celebrate the 75th Anniversary of this event. The Marian Statue that was used at the time was from Canada's National Marian Shrine located at Cap de la Madeleine near Trois Rivières, Quebec. The original statue is known as Our Lady of the Cape. As a result, the Marian Devotional Movement is spearheading pilgrim statue tours of Our Lady of the Cape to provide opportunities for Canadians to venerate Canada's National Madonna, to promote consecration to the Immaculate Heart of Mary and to promote enrollment in the Confraternity of the Most Holy Rosary. The statue will be in the Archdiocese of Regina from May 12-14 The statue will be in the Archdiocese of Regina from May 12-14 at the following places;

May 12 - Our Lady of Victories Parish, Esterhazy

May 13 - Regina at various schools (AM) and Holy Rosary Cathedral (1:00 - 5:00 PM and 6:30 - 11:00 PM)

May 14 - Christ the Redeemer Parish, Swift Current. (10:00 AM - 9:00 PM

Find out more about this amazing story; <u>vimeo.com/</u><u>ondemand/bridgeofroses</u>

Visit our Calendar Events page online for more details

Variety Night 2022:

Variety Night is back! This year's show is entitled "FAME" and will feature tributes to famous singers, dancers and performers. Please consider supporting the Office of Youth and Young Adult Ministry by joining us for the first Variety Night Performance in 3 years! And it will have been worth the wait! So please consider joining us for an absolutely delightful night of music, drama, dance and comedy. The show runs from June 3-6 and is being hosted this year at Christ the King Parish Hall. Tickets are only \$12 this year. They can be purchased at the Christ the King Parish Office or online at the following link: <u>Tinyurl.com/varietynight2022</u>

Stewardship Bulletin Bit

"The disciples were filled with joy and the Holy Spirit." (Acts 13:52) The disciples heard Our Lord's call and were able to spread the Gospel message with strength and vitality. We, too, can experience that same joy if we make room for the Holy Spirit to fill our hearts. When we use our gifts in the way that God intends, He fills us with supernatural joy. A joy that others notice and are attracted to!

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

BULLETIN BOARD

May is Reverence for Life Month

This month take some time to pray the rosary for life, watch the Life is a Gift Weginar or pray for life throiugh song:

Pray the Rosary for Reverence for Life

youtube.com/watch?v=V_p6DI0DZ9s

Life is a Gift Webinar youtube.com/watch?v=6TvH5uaOpik Praying Through Song youtube.com/watch?v=X8ancZndpm0

Men's Mental Health: Breaking the Silence Online Event

Tuesday, May 24, 2022 7:00 - 9:00 PM via Zoom. In honour of Mental Health Month, Deacon Eric Gurash of Emmaus Family Support Ministries will share his personal experiences and how our Catholic faith and evidence-based research can work together to break the silence, end stigma, and open up avenues of support for men's mental health.

This event will be of interest to men as well as spouses, friends, or family members who offer support for those with mental health challenges. Register at: <u>emmausfamilysupport.</u> <u>flocknote.com/signup/89227</u>

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee

The use of incense in Catholic liturgies is meant to emphasize the holiness, solemnity, and mystery of what is taking place. It can be used for objects (e.g., the altar and book of the gospels) and people (e.g., the presiding priest or bishop and all the Faithful in attendance). The fragrant smoke symbolizes our prayers rising to God. As such it is a sign of respect and reverence. Did you know...Smudging is a protocol that has been long observed and performed by many Saskatchewan First Nations. They use sweetgrass, sages, cedars, and other plants for personal prayer, ceremonies, meetings, cleansing (mind, body, and spirit), and purifying and blessing sacred objects. It is also "used to cleanse, purify, and bless the part of Mother Earth where ceremonies are conducted." (p. 19) Tobacco is placed on the ground as an offering and permission is asked from Mother Earth before gathering these plants. (Cultural Teachings: First Nations Protocols and Methodologies, SICC, p.18 & 19)



Proverbs 31:26

The Myriam Family of the Prairies would like to invite you

To an Afternoon retreat with the theme: "None of us lives for oneself."; "I am a daughter of the Church!" (Saint Teresa) "Your life is a prophesy!" (Sr. Jeanne) On Saturday May 14th, from 1h30 to 4h30 pm In person at their House of Prayer in McLean or on Zoom. For registration, please contact us at 306-761-0528 or email: pss.prairies@famillemyriam.org And we'll send you a Zoom link if you prefer following online.

Employment Opportunity

Roman Catholic Archdiocese of Regina

Position: Donor Services Coordinator

Department: Development Office

Contract: Permanent, Full Time

Hours: 35 Hours/week with occasional travel and special events outside normal working hours.

Position Summary

Reporting to the Director of Development, the Donor Services Coordinator is responsible for planning, marketing, communications, and managing gift processing related to the Archbishop's Appeal. They will also assist in other Archdiocesan fund-raising efforts as required. This position builds strong relationships and creates connections with individual donors and affiliated parishes. The successful candidate will bring their energy and enthusiasm for the mission of the Church. They will share the joy of the Catholic faith with benefactors in order to foster the gift of generosity.

For any questions or more information on detailed responsibilities, please contact:

email: Development@archregina.sk.ca

phone: 306-721-6726

Please submit cover letter and resume electronically by 5:00 p.m. May 6th, 2022 to: Archdiocese of Regina, Attention: James Lipoth

email: Development@archregina.sk.ca

Please note: We will only be contacting candidates selected for interview by May 16th, 2022.

Trinity Manor at Westerra: Welcome Home! Happy Mother's Day from all of us at Trinity Manor

At Trinity Manor we know your pets are family, and they are welcome at Trinity Manor. Have your pet move into our luxurious suites starting at \$2245, and include them as a part of our community. Trinity Manor is part of the Emmanuel Care community. Emmanuel Care is a healthcare ministry of the Catholic Church that ensures the legacy of Catholic health care organizations and services in Saskatchewan. We offer the best in style and support with modern one and two-bedroom suites, for rent. One resident says "I toured many different places, all equally beautiful, with great care. Trinity Manor was the only one that took care not only of my physical needs, but my spiritual needs as well". Attend daily mass, or spend time in quiet reflection in our tranquil chapel. Our amenities promote opportunities for our residents' personal growth, while providing stimulating and entertaining activities. Start your day by enjoying the country sunrise, 10 mins from downtown. Book your personal tour now by contacting Janet at 306-550-8077 or visit us at.trinitymanorregina.ca.

