

June 11, 2023

Most Holy Body and Blood of Christ



Archbishop of Regina
Coat of Arms

HOLY ROSARY CATHEDRAL

Cathedral Church of the ARCHDIOCESE OF REGINA

3125-13th Avenue, Regina, Saskatchewan, S4T 1P2

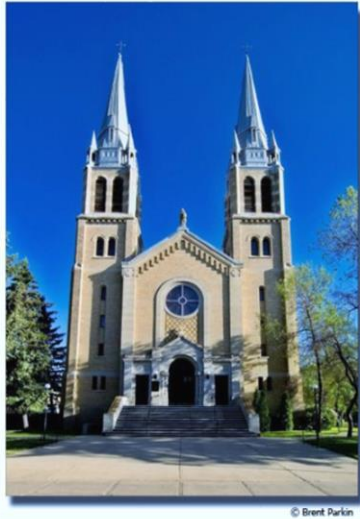
Holy Rosary Cathedral is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Archdiocese of Regina
Coat of Arms

MISSION STATEMENT

We, the Catholic Community of Holy Rosary Cathedral Parish, under the Patronage of Our Lady, are called to be a caring, outreaching church, proclaiming and celebrating our faith with all who seek a relationship with Christ.



© Brent Parkin

Most Rev. Donald Bolen

Archbishop of Regina

Rev. Danilo Rafael

Administrator/Rector

Rev. Scott Lewis, S.J.

Sunday Ministry

Rev. Mr. Barry Wood

Assisting Deacon



REGULAR MASS TIMES

Sunday 9 AM, 11 AM, 7 PM
Tuesday-Friday 9 AM
Saturday 9 AM

CONFESSIONS

Saturday 8 AM

PARISH OFFICE HOURS

Monday-Thursday 9 AM – 4 PM & Friday 9 AM – 1 PM

Closed: Saturdays, Sundays, and Holidays

Email: holyrosary@myaccess.ca

Website: www.holyrosaryregina.ca

FB: www.facebook.com/HolyRosaryReginaSK

PARISH OFFICE

2104 Garnet Street
Regina, SK S4T 6Y5
Tel: 306-565-0909
Fax: 306-522-6526
Hall: 306-525-5595

PASTORAL COUNCIL MEMBERS

Chairperson Samira McCarthy
Past Chairperson Rob Chapple
Pastoral Team Rev. Danilo Rafael
..... Deacon Barry Wood

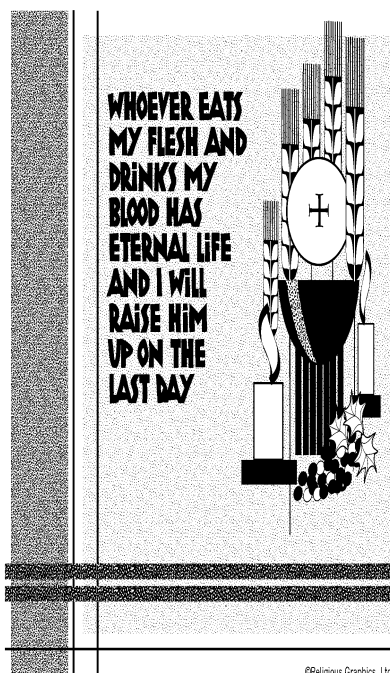
Representatives:

CWL Shannon Chapple
Ecumenism Gillian Brodie
Finance Jim Hall, Paul Malone
Knights of Columbus G.K. Raul Roduta
Liturgy Bradley Hanowski
St. Vincent de Paul Carol Schimnosky
Social Justice Bernadette Kutarna

Leaders: Parish Adjuncts

Catering Shannon Chapple
Children's Liturgy Miri Schiller
Good Shepherd Catechist* Angela Montano
Kids for Christ Leah/Roel Ubongen
CFC-Youth Abie/Rene Reyes
Singles for Christ Aubrey/Arnold Palmero

* inter-parochial



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REGISTRATION

NEW PARISHIONER or
CHANGE OF ADDRESS FORM

Please complete this Form and place it in the
Collection Basket

NAME _____

ADDRESS _____

Postal Code _____

Phone # _____

Email _____

I/We wish to have Church Offertory
Envelopes Yes No
Automatic Debit? Yes No

We also accept donations thru etransfer
to: holyrosary@myaccess.ca

Date: _____

HOLY ROSARY CATHEDRAL

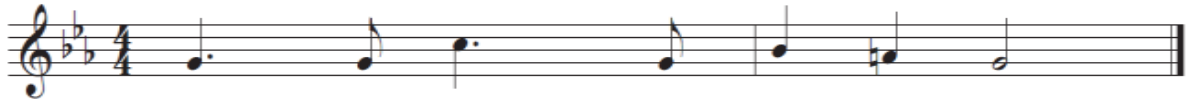
June 11, 2023

Most Holy Body & Blood of Christ

Celebrant: Rev. Danilo Rafael

Lectors, EMHC, Cantors, and Music Ministry

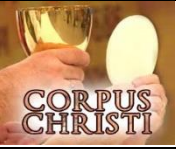
Readings:	Deuteronomy 8:2-3, 14-16	1 Corinthians 10:16-17	John 6:51-59
	9 AM	11 AM	7 PM
Lectors	1st Ann Gagnon 2nd Paul Malone	Joanne Skidmore Tyler Wolfe	Chelo Ravasco Rod Yaun
EMHC	Carla Plosker Michelle Tiloy	Rob Chapple Pat Bohn Paul Boryski (choir)	Jimmy Caritativo Don Morales
Cantor/Choir	Serena LaPosta	Karen Frandsen	Melodies to the Lord
Music	Director: Evanne Wilhelm	AM Organist: Jessy Stroeder	Organ Scholar: Jessy Stroeder

Processional Hymn	CBW 561 O God Beyond All Praising	
Responsorial Psalm 147	 <p>Praise the Lord, Je - ru - sa - lem.</p>	
(1) Praise the Lord, O Jerusalem! Praise your God, O Zion! For he strengthens the bars of your gates; he blesses your children within you.	(2) He grants peace within your borders; he fills you with the finest of wheat. He sends out his command to the earth; his word runs swiftly.	(3) He declares his word to Jacob, his statutes and ordinances to Israel. He has not dealt thus with any other nation; they do not know his ordinances.
Gospel Acclamation	CBW 247	
Offertory Hymn	9AM – CBW 605 I am the Living Bread 11AM – O Taste & See (R. Vaughan Williams)	
Communion Hymn	#1 - CBW 602 Eat This Bread #2 - CIS 6.4 Let Us Be Bread	
Recessional Hymn	CBW 521 Now Let Us from This Table Rise	



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MASSES For The Week

Sun	Jun 11	MASSES	Mass Offering	Requested by
	Jun 11	9 AM Mass	Missa Pro Populo (Mass for the People)	
		11 AM Mass	<i>SP</i> Intentions of Jan Louise & Family	Jan & Greg
			† Jose (Pepe) Loyola	Loyola Family
		7 PM Mass		
Mon	Jun 12	No Mass		
Tue	Jun 13	9 AM Mass	† Robert Courchene	Regina Catholic Schools
Wed	Jun 14	9 AM Mass	<i>SP</i> Intentions of Lee Lusny	
			<i>In Thanksgiving for Xavier Uy</i>	Jessica Hernando
Thu	Jun 15	9 AM Mass	† Fred Laval	Regina Catholic Schools
Fri	Jun 16	9 AM Mass	† Holy Souls in Purgatory	
Sat	Jun 17	9 AM Mass	<i>SP</i> Intentions of Marlene Konecsni	
			† Francisco Ancheta	Alfa Viernes

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, on God, for ever and ever.

“Because there is one bread, we, who are many, are one body, for we all partake of the one bread.”

1 CORINTHIANS 10:17

As disciples of Jesus, we are called to lead holy lives and invite others to join us. We are called to be fed and to feed others. Living a stewardship lifestyle, being grateful and

generous with our gifts, serves a twofold purpose. One, it helps build God’s kingdom here on earth. Two, it helps us strengthen each other’s relationship with God the Father, Jesus, and the Holy Spirit. It becomes our roadmap to Heaven. Let’s help each other get there!

PARKING LOT FUNDRAISER

There will be a parking fundraiser on Friday, June 16, for the Rider Home Game at Holy Rosary Cathedral and Catholic School Board (with permission). Please watch for signs. Let all your friends, families, and visitors know, please! \$10 per car. Thank you for all your support! Call Cris at (306) 537-2883 mobile if you have questions.

FATHER JOHN WECKEND RETIREMENT CELEBRATION

You are invited to join us in celebrating Fr. John's 50 + years of serving the Archdiocese of Regina. Mass on Saturday, June 17, at 7 pm at St. Cecilia Parish, 5020 7th Avenue. Mass will be followed by a short program of presentations from the parish and parish groups, ending with a brief slide show in the church. Cake and ice cream will be served in the Hall.

GO MAKE DISCIPLES

Become a leader in your parish and the wider community by serving the people of God as an evangelizing disciple of Jesus Christ. The Archdiocese of Regina's Lay Formation Program provides you with the skills, tools, and opportunities to deepen your spiritual life and assess your God-given gifts and talents. Join our weekend sessions at Campion College starting this November and become part of a community of leaders serving God's people in a variety of roles. Our three-year program will deepen your understanding of Church and faith through solid teaching by our own diocesan priests and religious as well as lay men and women who are experts in their respective fields of theology, ethics, social justice, and more. For more information on how to register, contact Deacon Eric Gurash at 306-352-1651 ext 6724 or email him at egurash@archregina.sk.ca

LEADERSHIP CAMP 2023

The Office of Youth and Young Adult Ministry with the Archdiocese of Regina invites all students ENTERING grades 7 to 1st-year university to join us at Leadership Camp 2023: "Journeying Together." Camp is held at Glen Harbour Kids Camp from July 17- 20 for those entering grades 7-9 (\$175) and July 17-21 for those entering grades 10- 1st-year University. (\$200) Join us for great community, games, art, and sports, as well as opportunities to grow in faith and leadership. To register, go to: bit.ly/oyyam-campQuestions? Contact us at oyyam@archregina.sk

CAMP MONAHAN COOK NEEDED

Camp Monahan is seeking a cook for the summer. This is a paid position includes room and board and is available for two weeks or four weeks. For more information or to apply, please email campmonahan@sasktel.net.

WHAT IS NATIONAL INDIGENOUS PEOPLES DAY (NIPD)?

June 21 is National Indigenous Peoples Day. This is a day for all Canadians to recognize and celebrate the unique heritage, diverse cultures, and outstanding contributions of First Nations, Inuit, and Métis peoples. The Canadian Constitution recognizes these three groups as Aboriginal peoples, also known as Indigenous peoples. Although these groups share many similarities; they each have their own distinct heritage, language, cultural practices, and spiritual beliefs. In cooperation with Indigenous organizations, the Government of Canada chose June 21, the summer solstice, for National Aboriginal Day, now known as National Indigenous Peoples Day. For generations, many Indigenous peoples and communities have celebrated their culture and heritage on or near this day due to the significance of the summer solstice as the longest day of the year. Please check with your local community to see if there are events you can join on June 21st.

HRC FINANCES

Dear fellow parishioners,
Here is your report on last month's offertory collection, along with prorated budget and year-to-date offertory revenue.

Offertory Collection: May 2023	\$25,751
Prorated year-to-date budget	\$158,333
Actual year-to-date offertory revenue	\$135,833
Offertory collection shortfall-to-date	\$22,500

Thank you for your continuing and faithful support of your Parish, either through donations at Mass or by e-transfer.

Your Finance and Parish Councils

HRC NOW ACCEPTS INTERAC E-TRANSFER



You can send your donations and mass offerings to us directly. Please utilize the message portion for transfer details and send it to holyrosary@myaccess.ca. Your e-donation will be included in your annual tax receipt. Thank you for your continuing support of our parish.

MEMORIAL PAGE

Honour your deceased loved ones on this weekly memorial page.
Cost is \$275 for the year.
Tax deductible receipt.
Call 306.565.0909



In Loving Memory of
All CWL Members
(deceased)
by the Holy Rosary CWL



PRAYER

Lord, Jesus.
We repent of our sins.
Come into our hearts.
Wash us clean. You are
our Lord and Savior. Lead
us to our heavenly home.
AMEN.



In Loving Memory of
**Jorge, Martha &
Claudia Camargo**
Love, Familia Camargo



In Loving Memory of
Rob Heidt
Feb.11,1969 – Oct. 3, 2016
Love, Sarah, Nadia & Family



In Loving Memory of
Tommy Lucia Phonsavatdy
Sept.30, 1916 – Dec. 2, 1998
by Family



In Loving Memory of
Edwin Fesser
d. Nov. 3, 2015
Love, Louella & Family



In Loving Memory of
Francis Edward Craig Penner
Oct. 27, 2011 - Oct. 10, 2012
The Craig Penner Family



In Grateful Memory of
Gerald Frank Grill
Bernadette Kutarna, Wife



In Grateful Memory of
**Lillian E. & Henry A.
Kutarna**
by their Children



In Loving Memory of
Alma Luzny
May 16, 1930 – Oct. 19, 2017
by Luzny Family



In Loving Memory of
Eugene Allan Hoffert
Dec. 5, 1937- July 14, 2015
by Louise Hoffert & Family



In Loving Memory of
**Trevor Miazga
Courtney & Kyle Miller**
Love Grandma Alice



In Loving Memory of
Al Luzny
Nov. 20, 1928 - May 28, 2012
by Luzny Family



In Loving Memory of
Bob & Marian Harris
love, Ana & Paige Harris



In Loving Memory of
Tito Piezas, Jr.
Feb. 16, 1927 – Jul. 22, 2021
Harris, Niere, Piezas Family



In Loving Memory of
**Mariano, Elsie, Nestor,
Emma, Shirley, Imelda
& Regina RAFAEL**



In Loving Memory of
Rita & Hudson Mutimer
Chapple Family



In Loving Memory of
Christian Head
and the victims of
James Smith Cree Nation
Chapple Family



In Loving Memory of
Debra Tuchscherer
Nov. 17, 1963- Nov. 21, 2020
by Leo & Louise Tuchscherer
& Families



In Loving Memory of
**Herb & Toni
Young**
Love, Marion, Barb, Sue & Ron



In Loving Memory of
**Shirley, Rosa, Vicente, Dulci
Concepcion & Fr. Manuel
ESCANLAR**



In Loving & Grateful
Memory of
Ken MacKay
June 22, 1937- July 10, 2021
The McCarthy Family



In Loving Memory of
**Bernardo & Porferia
Hernando, Eutorgo Yap
& Virgilio Reyes**
from The Hernando Family



In Loving Memory of



In Loving Memory of

LITTLE FLOWER PARISH
FATHER'S DAY



BREAKFAST

sponsored by Little Flower Men's Club

ON

SUNDAY, JUNE 18, 2023

FROM

9:00 A.M. TO 12:00 P.M.

IN

LITTLE FLOWER AUDITORIUM

420 College Avenue

TICKET PRICE:

Adults - \$12.00 Children (12 and under) - \$5.00

Tickets available at the door. NO advance tickets will be sold.

Children (12 and under) - \$5.00 NO advance tickets will be sold.

PLEASE JOIN US TO CELEBRATE





100

YEARS OF

SACRED HEART

Come and Go Social
New School Tours
Wednesday, June 14
4:00 - 5:30

1325 Argyle St.
Please use 7th Ave. Entrance





Archdiocese of Regina

June 11, 2023

Bulletin

Body and Blood of Christ

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Night Terrors

The over-arousal of the central nervous system (CNS) resulting in intense screaming, crying, thrashing or fear during sleep that happens again and again. A night terror is a sleep disorder in which a person quickly awakens from sleep in a terrified state. The person can be hard to awaken, confused when awakened, and may only remember bits and pieces or nothing at all.



FAITH
Sharing the Joy
of the Gospel



TF# 351: Talking to Your Kids About Sex - Part 2

Deacon Eric and Dr. Brett get together this week to discuss one of life's trickiest topics; talking to our kids about sex. When do you start? How do you broach the subject? What do you say? It could be an example to follow, or a cautionary tale but its sure to be interesting!

Show Snippet: "If you talk about how cigarette companies are trying to get you hooked early and exploit you and make money off of you, kids are like, "Hell no." And so something similar with porn, too; the performers are being exploited, but so are you. There are people on the internet who are trying to catch you early and make you a customer for life to serve their ends and make you a slave."

thinkingfaith.libsyn.com/talking-to-your-kids-about-sex-part-2

Pope Francis' Monthly Prayer Intention - June For the Abolition of Torture

Let us pray that the international community may commit itself concretely to abolish torture, guaranteeing support to victims and their families.

thepopevideo.org

Stewardship Bulletin Bit

"Because there is one bread, we, who are many, are one body, for we all partake of the one bread." 1 Corinthians 10:17

As disciples of Jesus, we are called to lead holy lives and invite others to join us. We are called to be fed and to feed others. Living a stewardship lifestyle, being grateful and generous with our gifts, serves a twofold purpose. One, it helps build God's kingdom here on earth. Two, it helps us strengthen each other's relationship with God the Father, Jesus, and the Holy Spirit. It becomes our roadmap to Heaven. Let's help each other get there!

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Masters of Religious Education (MRE)

Are you a Catholic teacher or school administrator who wants to deepen your faith and increase your earning potential at the same time?

A new Saskatchewan cohort of Newman Theological College's Masters of Religious Education (MRE) is set to begin in September 2023!

This program is available to Catholic teachers and school administrators across the province (classes can be attended virtually) and is designed to fit the schedules of working teachers. The degree consists of 10 courses (plus 4 Field Ed projects) in just over three years. Professional Development support is available through your Catholic school board. For more information, contact Dr. Brett Salkeld, program director, at brett.salkeld@newman.edu or 306-721-6722.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Piapot First Nation is a Cree Nation located south of Regina and has a population of approximately 2500 members who live on and off reserve. Chief Payepot (Payipwat meaning A Hole in the Sioux) signed Treaty 4 on September 9, 1875. He and other Cree chiefs refused to sign other treaties with the Canadian government and established themselves in Cypress Mountain, however, the government began to fear that these bands would join and would be impossible to control. Indian Commissioner, Edgar Dewdney, put in a policy of famine to force the bands to leave this area. Chief Piapot became a person of piapotnation.com/history-2/ for his continued efforts to fight for the rights of his people.

Upcoming CPE Unit Offers Hybrid Learning Option (Saskatoon & Regina)

The Spiritual Care Education department of St. Paul's Hospital, Saskatoon will be offering Clinical Psychospiritual Education (CPE) in partnership with Santa Maria Senior Citizens Home, Regina. From September 2023 to March 2024, students will gather with an online, small peer group on Tuesdays. Spiritual Care clinical practice will take place one day each week at either Santa Maria or St. Paul's. Group and individual supervision will be provided by Julie Bergen, CSE and Erika Mills, PSE.

If you are looking for professional development, university credit, and a place to develop personalized learning goals, CPE is a great learning opportunity. Our program teaches skills and competencies for professional spiritual care and can lead to certification with Canadian Association of Spiritual Care (CASC/ACSS.)

We have availability for three students per learning site. Tuition is \$1,350 plus required student membership and insurance with CASC/ACSS, approximately \$200. Applications are due July 1, 2023. Further information is available at cpe-saskatoon.com.

Leadership Camp 2023

The Office of Youth and Young Adult Ministry with the Archdiocese of Regina invites all students ENTERING grades 7 to 1st year university to join us at Leadership Camp 2023: "Journeying Together". Camp is held at Glen Harbour Kids Camp from July 17- 20 for those entering grades 7-9 (\$175) and July 17-21 for those entering grades 10- 1st year University.(\$200) Join us for great community, games, art, sports, as well opportunities to grow in faith and leadership. To register go to: bit.ly/oyyam-camp Questions? Contact us at oyyam@archregina.sk.ca

Myriam Family Summer Activities

Family retreat: July 14-16, 2023

As for my family and me, we will serve the Lord!

Activities with your family or by age group; talks, prayers, crafts, skits, cooking together, bonfire, games, etc.!

*Please register as soon as possible, as rooms are limited.

You are welcome to bring your camper to our grounds.

Youth retreat - 12-17 year-olds: July 28-30, 2023

Wonderfully made!

Come and discover the wonder that you are in God's eyes and the purpose of your life, as we share together, pray, play sports, and eat s'mores around a bonfire, play games, and more!

*Registrations are required before July 15th.

Discernment weekend - young adults: August 11-13, 2023

Speak, Lord, your servant is listening

Do you need more tools to know how to discern where God calls you in your daily life, or are you searching for your vocation?

We offer this weekend to help you develop an interior life to be more aware of God's gentle breeze calling you to happiness and holiness.

*Registrations required before August 1st

For more info or to register: pss.prairies@famillemymriam.org

Saint Philomena Walking Pilgrimage

The Saint Philomena Walking Pilgrimage, sponsored by the Archdiocese of Regina, will be happening again this year. We start on August 11th in Yorkton and finish on August 14th at Rama. This is a guided pilgrimage with rest stops, meals, support vehicles, and a trailer carrying tents and sleeping gear to each overnight stop. Pilgrims are invited to join us for all or part of the walk. For more information see our website at stphilomena.ca or phone 306-728-5525.

HOSPITAL CHAPLAINS

Pastoral Care focuses on people's needs from a spiritual and theological perspective in order to help create an optimum climate for healing of body, mind and spirit. If you are a loved one in the hospital, please contact the chaplain to arrange a pastoral care visit:

Pasqua Hospital: 306-519-1380 - Jennifer Holtslander

General Hospital: 306-519-1405 - Jerry Fitzgerald

Wascana Rehabilitation Centre: 306-530-6511 - Joan Rink



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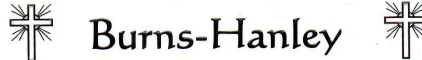


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